Traveling to the U.S.

Whether you are traveling to the U.S. for the first time or re-entering, please review the information below carefully. At a minimum, you will need a valid passport, valid visa (except Canadian citizens) and a valid immigration document. Click the box below for details about your specific immigration status. If you have questions or concerns, check with your OISS adviser [1] before you make travel plans. If you had a difficult time entering or re-entering the U.S., please let us know. [2]

You can find detailed information below regarding what documents you need to carry with you, what you need to be aware of when entering the U.S., and what the I-94 record is and why it is important.

Information Specific to Visa Category

**J-1 Scholars**

**J-1 Travel Document Checklist**

- Valid DS-2019 (not expired in Section #3) with OISS signature in the Travel Validation section at bottom. The OISS signature should not be older than 12 months and is valid for multiple entries to the U.S. If you need a new signature, please submit a request in OISS Connect [3].
- J-2 dependents must have their own valid DS-2019 forms
- Valid J-1 or J-2 visa from a U.S. embassy (except for Canadian citizens who are not required to have a visa)
- Valid passport (for at least 6 months in the future)
- Appointment or offer letter from Yale
  - If Yale University is not your J-1 program sponsor, please contact them directly (e.g. Fulbright)


**H-1B Scholars**

**H-1B Travel Document Checklist**

- Valid I-797 Approval Notice for Yale University
- Copy of all supporting documents issued to you in the OISS approval package (Form I-797 approval notice, I-129, and the Labor Condition application)
- Copy of paystubs from Yale for the most recent three months
- If you were subject to the J-1/J-2 two-year home-residency requirement prior to obtaining H-1B, bring a copy of your Form I-612 Waiver Approval issued by USCIS.
- International travel with H-1B status can be complicated. Below are some basic guidelines with which you should be familiar. However, it is recommended that you check with your adviser [1] before you travel if you have any questions about your situation.


**I-94 Record**
H status holders are given a specific departure date on the I-94 and must depart the U.S. by this date. It is critical
that you know and check this date upon every entry to the U.S. Check also an ink entry stamp with an annotation
(the visa type and validity date) given in your passport upon entry. If the visa type and/or validity date do not match
your H-1B approval notice, you must speak with your OISS adviser [1]. Please also see the Passport Expiration
and I-94 Validity sections below.

H-1B Travel Considerations

Change to H-1B Status

Scholars/employees are advised to not travel outside the U.S. during a pending change of status H-1B petition
(e.g., those who are changing from an F-1/J-1/Other to H-1B), as such an international travel will complicate your
work authorization eligibility/immigration status. If you have an unavoidable reason that requires you to leave the

Extension of H-1B Status

If you wish to travel outside the U.S. during the H-1B extension process, you should speak to your OISS adviser [1]
as soon as possible, before making your travel plans. Your travel plans may affect your H-1B extension processing
timing and you are required to have well thought out coordination with your OISS Adviser.

- If you plan to return to the U.S. before the expiration of your current approved H-1B status and with a valid
H-1B visa stamp, there may not be any difficulty.
- However, depending on when the H-1B extension petition is submitted to USCIS, your international travel
plans may complicate your H-1B status; therefore it is highly recommended to travel with the extension
approval. This may require premium processing [5].
- If you travel after the H-1B extension petition is approved but will return before the current H-1B petition
expiration date, it is advisable to travel with both the current and new approval notices. If your H-1B visa
stamp is valid on your reentry date, you may use it for admission.
- If you plan to leave the U.S. while the extension petition is still pending and your current H-1B status is
expired, you cannot return to the U.S. until the extension petition is approved. The approval notice must be
sent to you abroad. You would also have to apply for a new H-1B visa stamp with a consulate or embassy
before you can return to the U.S.
- After you have received the new H-1B extension approval notice, you may travel outside the U.S. once
again. However, while outside the U.S., you will have to obtain a new H-1B visa stamp at a U.S. embassy
or consulate. It is not possible to obtain visa stamps inside the U.S.

Changing H-1B Employer to Yale

If you wish to travel outside the U.S. during the H-1B extension process, you should speak to your OISS adviser [1]
as soon as possible, before making travel plans. Your travel plans may affect your H-1B extension processing
timing and you are required to have well thought out coordination with your OISS Adviser.

- If you plan to return to the U.S. before the expiration of your current approved H-1B petition with an old
employer and with a valid H-1B visa stamp, there may not be any difficulty. However, if your return date to
the U.S. is after your start date with Yale, you may have difficulty at a port of entry.
- Depending on when the portable petition is submitted to USCIS, your international travel plan may
complicate your H-1B status with Yale; therefore it is highly recommended to travel with the portable H-1B
approval. This may require premium processing [5].
- If you travel after the portable petition is approved and after your start date at Yale, you must travel with the
new approval notice for the Yale appointment. If your H-1B visa stamp is valid on your reentry date, you
may use it for admission, even if the visa stamp may have your old employer's name on it; however, make
sure to present your Yale H-1B approval notice upon entry to obtain the correct H-1B status validity on your
I-94. Check your I-94 validity [6] and an ink entry stamp given in your passport as soon as possible upon
your entry.
- If you plan to leave the U.S. while the portable petition is still pending and your current H-1B petition with
the old employer is expired, you cannot return to the U.S. until the portable petition is approved. The
approval notice must be sent to you abroad. You will also have to apply for a new H-1B visa stamp with a consulate or embassy before you can return to the U.S.

• After you have received the portable H-1B approval notice, you may travel outside the U.S. once again. However, while outside the U.S., you will have to obtain a new H-1B visa stamp at a U.S. embassy or consulate. It is not possible to obtain visa stamps inside the U.S.

Passport Expiration

If you or your H-4 dependents are traveling with a passport that will expire before your H approval end date, you will be admitted to the U.S. only for the duration that your passport is valid. This means that your I-94 and legal stay in the U.S. will end earlier than your H-1B approval end date. You will be required to renew your passport and may need to travel outside the U.S. again to be admitted for the full duration of your H approval. If you are in H-1B status and do not travel, Yale will be required to file an H-1B extension on your behalf. H-4 dependents who do not travel will need to file an extension of their H-4 status. It is your responsibility to communicate any status issues to your OISS adviser [1].

I-94 Validity

Please pay extra attention to your most recent I-94 record and make sure that you will not inadvertently lose H-1B status and work authorization [7]. At the immigration officer's discretion, some H visa holders may be given a 10-day grace period reflecting on their I-94. The grace period is outside the approved H-1B petition period that allows you to work in the U.S. Do not confuse this with H-1B validity date mismatch and speak with your OISS adviser [1].

Transit Visas When Changing Planes

If your travel plans require a change of planes in a third country, you must check to see if you need a transit visa. Some countries (including the U.S.) require an entry or transit visa, even if you are only changing planes and resuming your travels during a short time frame. Before purchasing your ticket, make certain you are aware of any travel requirements or restrictions.
Arriving in the U.S.: Immigration Inspection

What to expect during U.S. immigration inspection, and documents to have with you.
I-94 Record

What is the I-94 record and why is it important?

Current Travel Guidance

Advice for traveling, such as preparing for your travel, restrictions, and possible issues.

Source URL: https://oiss.yale.edu/travel-visas/for-scholars/traveling-to-the-us

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