

F-1 Optional Practical Training (OPT)

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[F-1 Optional Practical Training \(OPT\)](#) [1]

Length of Stay:

12-month maximum

Purpose of Visit:

To work with authorization from DHS for Optional Practical Training (OPT).

Processing Time:

USCIS processing of OPT applications can take up to 90 days.

Application Considerations:

- This status is available for those in F-1 status who have completed study in the U.S. and have received authorization from USCIS to work in a field related to their field of study.
- Apply as soon as possible. Appointment availability at U.S. Consulate vary for visitors.
- Application process is undertaken by the individual and requires no involvement from OISS or the hiring department.

Immigration Sponsorship: Self**Financial Support:**

Any

Special Notes & Considerations:

- Yale employees can use this category to initiate employment or for positions that are shorter than the duration of F-1 OPT (12 months).
- Must provide work authorization information by start date.
- Visa sponsorship beyond the duration of F-1 OPT is allowed only if it is a faculty or research position.
- Must consult with OISS about plans for Yale employment beyond OPT, such as STEM OPT or another visa type.

[Hiring F-1 OPT Employees](#) [1]

Source URL: <https://oiss.yale.edu/position-title/f-1-optional-practical-training-opt>

Links

[1] <https://oiss.yale.edu/for-departments/hiring-student-visa-holders/hiring-f-1-opt-employees>