

## F-1 Optional Practical Training (OPT)

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### [F-1 Optional Practical Training \(OPT\)](#) [1]

#### **Duration:**

12-month maximum

#### **Processing Information:**

- Process is undertaken by the individual and requires no involvement from OISS or the hiring department.
- USCIS processing of OPT applications can take up to 90 days.

#### **Use at Yale:**

- Assistant Professor
- Postdoctoral Associate
- Postdoctoral Fellow
- Postgraduate Associate
- Postgraduate Fellow
- Lecturer
- Lector
- Staff (M&P) Position (if approved for sponsorship)
- C&T Position (if approved for sponsorship)

#### **Considerations:**

- For those in F-1 status who have completed study in the U.S. and have received authorization from USCIS to work in a field related to their field of study.
- Yale employees can use this category to initiate employment or for positions that are shorter than the duration of F-1 OPT (12 months).
- Visa sponsorship beyond the duration of F-1 OPT is allowed only if it is a faculty or research position.
- Must consult with OISS about plans for Yale employment beyond OPT, such as STEM OPT or another visa type.

### [Hiring Student Visa Holders](#) [1]

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**Source URL:** <https://oiss.yale.edu/position-title/f-1-optional-practical-training-opt>

#### **Links**

[1] <https://oiss.yale.edu/for-departments/hiring-international-students>