Yale Health is closely following developments and is providing regular updates about the Coronavirus on their [website][1], with links to updates from the Center for Disease Control and Prevention (CDC). The website provides a helpful [FAQ page][2] and you will find answers to most of your questions there.

**The CDC recommends that travelers avoid all nonessential travel to China.** [3] There are no other travel restrictions at this time. Please remember to [register all university travel][4].

If new scholars coming to Yale have had to delay their travel plans, **host departments should notify OISS through OISS Connect** [5] (using Chrome) so that we can amend their visa start dates.

Yale Health reminds us that we are in the middle of cold and flu season and that all of us should take precautions to reduce the risk of infection.

- Wash your hands often using soap and water for at least 20 seconds, especially after you've touched someone who is sick. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid close contact with people who are experiencing symptoms.
- Avoid touching your eyes, nose, or mouth with unwashed hands.
- If you have cold and cough symptoms, make sure to cover your coughs and sneezes by using the bend of your arm (elbow) or using disposable tissues and immediately disposing of them in the trash.
- Stay home if you are ill and contact your healthcare provider.
- Flu vaccine is encouraged for anyone who has not received their flu shot this year. Flu vaccine is available at Yale Health Immunizations on a walk-in basis.