Travel Tips for Spring Break

Spring break is almost here, so here are a few travel tips to keep in mind before you leave campus. Have a great break!

1. **International students and scholars** should consult the OISS [travel guidance web page](https://oiss.yale.edu) [1] before you depart and check with OISS if you have any concerns about your travel plans. Also, make sure to check your immigration documents for a valid travel signature. If the OISS signature on page two of your I-20 (F-1), or the lower right hand box of your DS-2019 (J-1), will be 12 months old when you return to the U.S., you need to get a new signature. Simply bring your immigration documents to OISS during walk-in hours M-F between 12pm - 5pm and we will sign your form.

2. **Pay Close Attention to** [COVID 19 Travel and Health Information Updates](https://oiss.yale.edu) [2]

Stay alert to changes and developments that may affect your travel plans. Yale University is providing timely updates on how the latest information affects that Yale campus and any plans you may have for traveling abroad.

3. [4] Register your travel [4] with Yale. In the event of a major emergency, Yale will be able to contact you.

4. Contact International SOS travel assistance [5]

All members of the Yale community are automatically enrolled with International SOS (ISOS), which provides pre-travel consultations and 24/7/365 domestic and international emergency medical, security and travel assistance for Yale travelers and accompanying family while more than 100 miles from home. Install the International SOS travel app [6] on your smartphone for easy access to the services.

5. Check your medical insurance [7]:

Check with your medical insurance provider before you travel to verify coverage of routine medical needs and coverage limitations while you are outside the U.S. For students enrolled in Yale Health Basic and Hospitalization/Specialty Coverage, your Yale Health insurance coverage is good worldwide in the event of a health emergency.

5. Leave electronics that you don’t really need at home [8]

Before you get on a plane, train or in an automobile consider protecting your electronic devices while away. Take a quick look at these travel tips and look into registering a secondary or alternative phone for multi-factor authentications.

6. U.S. sanctions and embargoes may require you to have U.S. government approval before you travel to an embargoed country or may restrict your activities in that country. See here for more information [9]. This includes travel to Cuba. Please review the guidelines for travel to Cuba [10] as they apply to anyone, regardless of citizenship, traveling from to Cuba directly from the U.S. or anyone traveling to Cuba using Yale funding or in connection with a Yale activity, where they travel to Cuba directly to/from the U.S. or from another country.

Additional Yale resources:

- COVID - 19 Travel and Health Information Updates [2]
- Travel Health Resources [11] - consultations and vaccinations
- Yale Sexual Harassment and Assault Response and Education (SHARE) Center [12]

Source URL: https://oiss.yale.edu/news/travel-tips-for-spring-break

Links:
[1] http://click.message.yale.edu/?qs=1b5c24fa153c2bc5191204dda3129beb6e670bd94307d1f25d274744fccbd9f04bd532a46474a1e1ea4b837d1ba2f0968ef449873c7fe4dd
[2] https://yalehealth.yale.edu/
[5] https://ogc.yale.edu/erm/ISOS
[6] http://click.message.yale.edu/?qs=1b5c24fa153c2bc57c7c7dd27042ce4f69837af3c909959a9e7f56b01bead94ae378f7609813bf2c4f9e82326e97b981c8bf26492464c7a
[8] https://cybersecurity.yale.edu/travelsecurely
[9] https://world-toolkit.yale.edu/
[12] http://click.message.yale.edu/?qs=1b5c24fa153c2bc583f14014b61c929a5822b9492527492a2fafa0f394887b4d52d78acbfcfccc932eca57af96d4a9bbae16276c3c26e3