Before you make any international travel plans, please check our recent post regarding travel considerations [1]. If you are still considering travel this winter break, please check carefully for exactly what documentation is required for boarding your flight in the U.S., connecting flights in a third country (if any), and entering your destination country. Once you determine what documentation you will need, please get in touch with Student Health [2] (students only!) for assistance. Note that Yale Health's notary works limited hours, so planning ahead is important.

If you are currently outside of the U.S. but need to access MyChart through Yale Health [3], you can do so by downloading Yale's designated VPN: Cisco AnyConnect [4]. Once you connect through the VPN, you should be able to login directly to MyChart without issue.

If you have any additional questions about access to MyChart:

- **Website:** [https://yalehealth.yale.edu/appointments/using-mychart](https://yalehealth.yale.edu/appointments/using-mychart)
- **Email:** mychartsupport@ynhh.org [6]
- **Phone:** 203 688-2231, option 5

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[3] https://mychart.ynhhs.org/MyChart-PRD/Authentication/Login?
[4] https://yale.service-now.com/i?id=service_offering&amp;sys_id=c4684dcd6fbb31007ee2abcf9f3ee4f2
[6] &amp;#109;&amp;#97;&amp;#105;&amp;#108;&amp;#116;&amp;#111;&amp;#58;&amp;#109;&amp;#99;&amp;#104;&amp;#97;&amp;#114;&amp;#116;&amp;#115;&amp;#117;&amp;#112;&amp;#112;&amp;#111;&amp;#114;&amp;#116;&amp;#64;&amp;#121;&amp;#110;&amp;#104;&amp;#46;&amp;#111;&amp;#114;&amp;#103;