If you have plans to travel this winter break, be sure to first check our COVID Travel Restrictions page [1] and check with your OISS Adviser [2] if you have any concerns about your travel plans. You should also make sure you have all of your documents and they are valid for travel (F-1 student travel [3] and J-1 student travel [4]). This includes making sure you have a valid travel signature on the second page of your I-20 or first page of your DS-2019.

Email your adviser with the subject line “Need new travel signature” if you need a new travel signature. Your adviser will then communicate with you directly to see that you obtain one before you return to the U.S.

Below are some additional precautions you should take before traveling this winter.

1. Pay Close Attention to COVID 19 Travel and Health Information Updates [5]

2. [6] Register your travel [6] with Yale. In the event of a major emergency, Yale will be able to contact you.

3. Contact International SOS travel assistance [7]

All members of the Yale community are automatically enrolled with International SOS (ISOS), which provides pre-travel consultations and 24/7/365 domestic and international emergency medical, security and travel assistance for Yale travelers and accompanying family while more than 100 miles from home. Install the International SOS travel app [8] on your smartphone for easy access to the services.

4. Check your medical insurance [9]:

[1] COVID Travel Restrictions page
[2] OISS Adviser
[3] F-1 student travel
[5] COVID 19 Travel and Health Information Updates
[6] Register your travel
[7] International SOS travel assistance
[8] International SOS travel app
[9] Check your medical insurance
Check with your medical insurance provider before you travel to verify coverage of routine medical needs and coverage limitations while you are outside the U.S. For students enrolled in Yale Health Basic and Hospitalization/Specialty Coverage, your Yale Health insurance coverage is good worldwide in the event of a health emergency.

5. **Leave electronics that you don't really need at home** [10]
Before you get on a plane, train or in an automobile consider protecting your electronic devices while away. Take a quick look at these travel tips and look into registering a secondary or alternative phone for multi-factor authentications.

8. **U.S. sanctions and embargoes** may require you to have U.S. government approval before you travel to an embargoed country or may restrict your activities in that country. See here for more information [11]. This includes travel to Cuba. Please review the [guidelines for travel to Cuba] [12] as they apply to anyone, regardless of citizenship, traveling from to Cuba directly from the U.S. or anyone traveling to Cuba using Yale funding or in connection with a Yale activity, where they travel to Cuba directly from the U.S. or from another country.

Additional Yale resources:

- [Travel Health Resources] [13] - consultations and vaccinations

Source URL: https://oiss.yale.edu/news/travel-signatures-and-resources-0

Links:
[2] https://oiss.yale.edu/about/contact-oiss
[3] https://oiss.yale.edu/immigration/f-1-students/traveling-in-f-1-status
[4] https://oiss.yale.edu/immigration/j-1-students/traveling
[7] https://ogc.yale.edu/erm/ISOS
[8] http://click.message.yale.edu/?qs=1b5c24fa153c2bc57c7dd27042ce4f69837af3c909959a9e7f56b01bead94ad378f76069813bf2c4f9e82326e97b981cb8f26492464c7a
[10] https://cybersecurity.yale.edu/travelsecurely