Winter in Connecticut can be a winter wonderland or an extremely cold nightmare - it just depends on who you ask! Here are a few resources for enjoying and surviving a CT winter. If you have more resources, please email us to let us know!

Connecticut's top winter attractions [2]

Yale's Good Life Center - complete with light lamps & heating pads [3], [2]

Wellness resources from Yale Well [4]

OISS Programs & Events - don't stay at home because it's cold; join us for a bit of fun! [5]

Grad Students: Winter WITHOUT the Blues Workshop [6]

Winter Hikes with L.L. Bean [7]

Source URL: https://oiss.yale.edu/news/thriving-surviving-in-a-connecticut-winter

Links:
[1] mailto:molly.hamilton@yale.edu
[4] https://oiss.yale.edu/programs-events/wellness-resources-yale-well
[5] https://oiss.yale.edu/programs-events/dont-stay-home-because-cold-join-us-bit-fun
[6] https://oiss.yale.edu/programs-events/grad-students-winter-without-blues-workshop
[7] https://oiss.yale.edu/programs-events/winter-hikes-l-l-bean