What To Do In A Crisis

Whether in need of immediate or on-going support in a time of crisis, there are many resources for getting the help you need. If you are in a crisis situation and don't know where to turn, but need someone who can listen and help you solve your problem, you can always stop by or call OISS [1]. An adviser is always available to meet with you in person - no appointment necessary.

Emergency Contacts

- In the event of an emergency or crisis (personal or otherwise) dial 911
- You can dial 911 from any phone.
- You can also call Yale Police [2] at (203) 432-4400

Yale Resources

- Yale Health Center: Acute Care [3]
- Mental Health & Counseling at Yale Health [4]
- Crisis Services 24-Hour Hotlines [5]
- Sexual Harassment and Assault Response (SHARE) Center [6]
- University Chaplains [7]
- Yale Police [2]
- Sexual Misconduct Response at Yale [8]
- Walden Peer Counselors [9] (Undergraduates)
- Communication & Consent Educators (Undergraduate CCEs) [10]

Other Resources

- New Haven Sexual Assault Crisis Services [11]
- RAINN: Rape, Abuse, & Incest National Network [12]
- New Haven Police [13]
- Domestic Violence Services of Greater New Haven [14]
- Connecticut Sexual Assault Crisis Services [15]

Source URL: https://oiss.yale.edu/life-at-yale/safety-security/what-to-do-in-a-crisis

Links:
[1] https://oiss.yale.edu/about/contact-oiss
[12] https://www.rainn.org/