

Women's Health

For women, navigating health care presents a unique set of questions and concerns, all of which can vary depending upon your native country or culture. It is important that you address your concerns first with your primary care physician. The links on this page may also help you learn the answers to some of your questions.

Women's Health Resources

- [U.S. Health Resources and Services Administration: Office of Women's Health](#) [1]
 - [Women's Health Resources from NIH](#) [2]
 - [Healthline Menopause](#) [3]
 - [American Cancer Society: Early Breast Cancer Detection](#) [4]
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Pregnancy & Childbirth Resources

- [Yale Health Obstetrics and Gynecology](#) [5]
 - [Yale New Haven Hospital Maternity Services](#) [6]
 - [WebMD Health & Pregnancy](#) [7]
 - [ThePregnancyZone.com](#) [8]
 - [WhatToExpect.com](#) [9]
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For New Mothers

- [Babies @ Yale](#) [10] - an ISPY playgroup for moms and babies
 - [Yale Health Pediatrics](#) [11]
 - [La Leche League International](#) [12]
 - [CDC: Breastfeeding](#) [13]
 - [Getting a U.S. Passport \(for American-born babies\)](#) [14]
 - [CT Coalition Against Domestic Violence](#) [15]
 - [Women & Families Center](#) [16]
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Links

[1] <https://www.hrsa.gov/office-womens-health> [2] <https://www.nichd.nih.gov/health/topics/womenshealth> [3] <https://www.healthline.com/health/menopause> [4] <https://www.cancer.org/healthy/find-cancer-early/cancer-screening-guidelines/american-cancer-society-guidelines-for-the-early-detection-of-cancer.html> [5] <https://yalehealth.yale.edu/directory/departments/obstetrics-and-gynecology> [6] <https://www.ynhh.org/services/maternity-services.aspx> [7] <http://www.webmd.com/baby/default.htm> [8] <https://www.thepregnancyzone.com/> [9] <https://www.whattoexpect.com/> [10] <https://oiss.yale.edu/programs-events/for-spouses-partners/ispy-programs> [11] <http://yalehealth.yale.edu/directory/departments/pediatrics> [12] <http://www.lli.org/> [13] <https://www.cdc.gov/breastfeeding/> [14] <https://travel.state.gov/content/passports/en/passports/under-16.html> [15] <http://www.ctcadv.org/> [16] <http://www.womenfamilies.org>
