Cultural Adjustment & Transition

Academic Environment

There is always an adjustment when changing universities or degree levels, but sometimes international students have an added pressure of adjusting to a new culture and 'rules' of the classroom and work environment.

View More [1]

Cultural Transition

Transitioning into a new culture can be challenging. Getting used to a new and unfamiliar place can be difficult, even for the experienced traveler. We've put together some resources to help you handle this transition and enjoy
your time in New Haven.

LGBTQ & Gender Identity

In the U.S., sexuality and gender might be different than what you are used to at home. Make sure you understand these nuances and recognize that Yale is a welcoming and safe place for everyone in our community.

U.S. Culture

“It is difficult to define what an American is because there are so many different kinds of Americans.” - Yale student from South Korea. Learn a little bit about American culture before you arrive!
Academic Environment

There is always an adjustment when changing universities or degree levels, but sometimes international students have an added pressure of adjusting to a new culture and 'rules' of the classroom and work environment.  

[1]

Cultural Transition

Transitioning into a new culture can be challenging. Getting used to a new and unfamiliar place can be difficult, even for the experienced traveler. We've put together some resources to help you handle this transition and enjoy your time in New Haven.  

[2]
LGBTQ & Gender Identity

In the U.S., sexuality and gender might be different than what you are used to at home. Make sure you understand these nuances and recognize that Yale is a welcoming and safe place for everyone in our community.

U.S. Culture

"It is difficult to define what an American is because there are so many different kinds of Americans." - Yale student from South Korea. Learn a little bit about American culture before you arrive!

Source URL: https://oiss.yale.edu/life-at-yale/cultural-adjustment-transition

Links: