Life at Yale

Yale is more than an institution of higher learning; it is a community where people of diverse cultures and nationalities live, work, and play — connected by their similarities and enriched by their differences.

Campus Life

Being the new person in town can be challenging. Find out more about life on campus and in New Haven.

Practical Matters

International students and scholars new to New Haven, Yale, and the U.S. sometimes need help to get settled. We have resources to get you started!
Health and Wellness

Being and staying healthy is an important concern. From health insurance to self-care, we've got you covered.

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Safety and Security

One of the more pleasant aspects of living in New Haven is that it often feels like a small town. However, it is an urban environment, which means that it is important to take the safety precautions you would take in a big city anywhere.

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The U.S. can differ in many ways from your home country. We list several differences and adjustments to help you settle in.

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Cultural Adjustment & Transition

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