**Understanding J-1 Status**

Learn about what J-1 Status is and what it means.

[1]
Applying for a Visa

Yale University has been approved by the U.S. Department of State to sponsor J-1 Exchange Visitors participating in academic research, teaching and observation at Yale.

[2]
Employment

Scholars should not accept any new employment without first checking with OISS.
Maintaining Legal Status

During your appointment at Yale it is critical that you follow the J-1 regulations to maintain legal status.

[4]
Traveling

Information and resources on traveling for international scholars

[5]
Transferring & Leaving Yale

A J-1 Exchange Visitor may change employers or schools, which is referred to as a “transfer.” They may transfer from one designated Exchange Visitor program to another designated program provided the J-1 time does not exceed the maximum permitted by their J-1 category.
Spouses, Partners & Children

The spouse or partner and dependent children of the J-1 Exchange Visitor are eligible for J-2 status and may use this status to accompany the J-1 individual to the U.S.

[7]