

## F-1 & J-1 Comparison

### [F-1 & J-1 Comparison](#) [1]

Every full-time degree student at Yale is eligible for the F-1 visa and the majority of Yale international students hold this visa status. Some students may also be eligible for the J-1 student visa, an exchange visitor option. The J-1 visa is part of a larger U.S. Department of State mission to foster cultural and educational exchange between countries. To be eligible for the [J-1 student visa](#) [2], a substantial portion of your financial support must be from a source other than your personal assets. This can include Yale funding or scholarship from another organization. Students with only personal or family funding are **NOT** eligible for J-1 status. There are a few basic differences between the F-1 and J-1 visa types, which are outlined in the chart below.

F-1 Status

Source of Funding

J-1 Status

No funding source requirements. Can be funded through personal, Yale, or independent scholarships.

On-Campus Employment

Part time (up to 20 hours/week) when school is in session, full-time during periods of recess.

Off-Campus Employment

[Optional Practical Training](#) [4] - up to 12 month period per degree level of training directly related to their studies. No job offer required prior to application.

Dependents

F-2 dependents are not eligible for employment.

Requirement to Return Home Upon Program Completion No requirement to return home upon program completion.

Bar to J-1 Scholar Status

None

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### Links:

- [1] <https://oiss.yale.edu/immigration/j-1-students/applying-for-a-visa/f-1-j-1-comparison>
- [2] <https://oiss.yale.edu/immigration/j-1-students/applying-for-the-j-1-student-visa>
- [3] [https://jfe.qualtrics.com/form/SV\\_e2NNraNLXJ3ERY8](https://jfe.qualtrics.com/form/SV_e2NNraNLXJ3ERY8)
- [4] <https://oiss.yale.edu/f-1-optional-practical-training>
- [5] <https://oiss.yale.edu/immigration/j-1-students/employment/academic-training>
- [6] <https://oiss.yale.edu/immigration/j-1-scholars/understanding-j-1-status/two-year-home-country-residence-requirement>
- [7] <https://oiss.yale.edu/immigration/j-1-students/understanding-j-1-status/understanding-the-12-and-24-month-bars>