

Making Yale Your Home



It can take some time and patience to adapt to a new home, a new school, or a new community. To help you prepare for some of these changes, read more about the topics below.

Once you arrive, you will have access to all of [Yale's offices and resources](#) [1], [student groups and activities](#) [2], and [New Haven events](#) [3] which will help you adjust to life on Yale's campus. Participating in your school's orientation program, as well as the [OISS orientation program](#) [4], will not only help answer your questions, but will also help you build your new community here at Yale.

If dependents will be joining you, be sure to share our resources with them and invite them to join our [International Spouses & Partners at Yale \(ISPY\) community](#) [5].

Remember that OISS and other offices at Yale are here to help you. You are not on your own. Feel free to [reach out to us](#) [6] any time.

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Diversity & Inclusion at Yale

[Our differences and our commonalities help make Yale a great university—a place where each of us belongs and where we are free to explore the breadth of our intellectual curiosity.](#)

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[Start here for tips on finding your community, such as an introduction to the Community Centers at Yale, university affinity groups, and student clubs and activities.](#)



Academic Environment

There is always an adjustment when changing universities or degree levels, but sometimes international students have an added pressure of adjusting to a new culture and 'rules' of the classroom and work environment.

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Campus Resources

[Yale has countless resources available to you once you arrive, but you have to know what they are in order to access them.](#)

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Cultural Transition & Adjustment

Transitioning into a new culture can be challenging. Getting used to a new and unfamiliar place can be difficult, even for the experienced traveler. We've put together some resources to help you handle this transition and enjoy your time in New Haven.

[11]

Source URL: <https://oiss.yale.edu/getting-started/new-students/preparing-for-yale/making-yale-your-home>

Links

[1] <https://belong.yale.edu/> [2] <https://oiss.yale.edu/life-at-yale/campus-life/finding-community> [3] <https://oiss.yale.edu/life-at-yale/campus-life/life-in-new-haven> [4] <https://oiss.yale.edu/coming/check-in-orientation> [5] <https://oiss.yale.edu/programs-events/for-spouses-partners> [6] <http://oiss.yale.edu/contact> [7] <https://oiss.yale.edu/getting-started/preparing-for-yale/adjusting-to-your-new-home/diversity-inclusion-at-yale> [8] <https://oiss.yale.edu/getting-started/preparing-for-yale/adjusting-to-your-new-home/finding-community> [9] <https://oiss.yale.edu/getting-started/preparing-for-yale/adjusting-to-your-new-home/academic-environment> [10] <https://oiss.yale.edu/getting-started/new-students/preparing-for-yale/making-yale-your-home/campus-resources> [11] <https://oiss.yale.edu/getting-started/new-students/preparing-for-yale/making-yale-your-home/cultural-transition-adjustment>