As you prepare to depart, you will have many questions about living in New Haven. We recommend you check our resources below for many answers to your questions.

If you will be using the J-1 visa you may want to read the State Department's Exchange Visitor Welcome Brochure [1].

COVID-19 Protocols

Global, Connecticut and Yale University COVID-19 protocols are updated regularly.

- Read OISS's Current Travel Guidance [3].
Housing Information

Resources for finding your new home.
Health Care
Staying healthy.

Money & Finances
Bank accounts, credit cards, taxes, and more.
Transportation & Driving

Getting around New Haven and beyond.

[7]
Safety Resources

Resources and information for staying safe at Yale.
Making Yale Your Home

Adjusting to your new home.

[9]
Packing Your Bags

What to bring and what to leave at home.

[10]
Getting Connected

Wifi and calling.

[11]
Family

If you plan to bring your family, check out this section of the site specifically for them.

[12]