

Resources For Your Quarantine Period



Resources

We've compiled a list of resources to help you settle in while you are in your quarantine period, including where to order groceries from, buying furniture, setting up your COVID test, and more.

[Housing Resources](#)

If you will be staying in a hotel or AirBnb when you first arrive and are still looking for a place to live, make sure to check out this [list of housing resources](#) [1] in the New Haven area.

If you already have your apartment rented, make sure to discuss with your landlord how to collect your keys, get packages or food delivered, set-up utilities, etc.

[Health Care & COVID-19 Screening Resources](#)

If you are a Yale student, you most likely will be using Yale Health insurance while you're at Yale; [read more about your coverage and what you have access to](#). [2] If you are a Yale Scholar that will not be using Yale Health, make sure to contact your insurance provider before or shortly after you arrive to set-up your health care in New Haven.

For all Yale students and scholars, [learn more about Yale's COVID-19 Screening protocols and procedures](#). [3]

[Grocery Delivery & Pick-up](#)

[Costco](#) [4]

[Edge of the Woods \(Vegetarian\)](#) [5]

[Instacart](#) [6]

[Ranch 99](#) [7]

[Safeway](#) [8]

[Stop & Shop](#) [9]

[Whole Foods](#) [10]

[Elm City Market](#) [11]

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[Restaurant Delivery](#)

[Restaurants in New Haven offering pick-up/delivery](#) [12]

[City Seed Pre-Order Farmer's Market](#) [13]

[Sanctuary Kitchen pick-up/delivery options](#) [14]

[Door Dash](#) [15]

[Grubhub](#) [16]

[Seamless](#) [17]

[Uber Eats](#) [18]

[Furnishing Your Apartment with Household Necessities](#)

We know you might need everything from toothpaste to an air mattress to pots and pans. These are just a few online resources that will deliver these items to you quickly. Be sure to check-in with your landlord, hotel, or AirBnb host to find out the best way to get packages delivered to you.

[Amazon](#) [19]

[Best Buy](#) [20]

[Home Depot](#) [21]

[Ikea](#) [22]

[Target](#) [23]

[Walmart](#) [24]

[Mental Health & Wellness Resources](#)

Taking care of your mental health during the time that you're in quarantine (and beyond) is extremely important. [We have compiled a few resources available to you](#) [25] at Yale and online that we encourage you to access and utilize.

[Getting Connected](#)

[Learn more about connecting to Yale's wifi](#) [26], on and off-campus, along with information about setting up a cell phone and other apps to keep you connected to your family and friends back home.

[Keep Yourself Entertained](#)

Two weeks of sitting at home means you will have some time on your hands. We've compiled some ways to start to [get to know Yale virtually](#) [27], along with some [fun resources to keep you entertained](#) [28].

[Weather in New Haven](#)

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Remember to pack accordingly for the weather here in New Haven! If you are arriving in August or September, it's going to be in the heat of the summer, so check in with your landlord or AirBnb to ask about access to air conditioning, or make plans to purchase one after you arrive. We also suggest downloading a [weather app](#) [29] on your phone, as the weather changes frequently here in New England!

Source URL: <https://oiss.yale.edu/covid-19-resources/resources-for-your-quarantine-period>

Links:

- [1] <https://housing.yale.edu/>
- [2] <https://yalehealth.yale.edu/coverage/student-coverage>
- [3] <https://covid19.yale.edu/screening>
- [4] <https://www.costco.com/grocery-household.html>
- [5] <https://www.eotwm.com/>
- [6] <https://www.instacart.com/>
- [7] <https://www.99ranch.com/shop>
- [8] <https://www.safeway.com/>
- [9] <https://www.peapod.com/shop/index.jhtml>
- [10] <https://www.wholefoodsmarket.com/grocery-delivery-and-pickup>
- [11] <https://www.elmcitymarket.com/order-online/>
- [12] <https://theshopsatyale.com/restaurants-open/>
- [13] <https://www.facebook.com/notes/cityseed/pre-order-market-ordering-info/10158038503428563/>
- [14] <https://www.sanctuarykitchen.org/>
- [15] <https://www.doordash.com/en-US>
- [16] <https://www.grubhub.com/>
- [17] <https://www.seamless.com/>
- [18] <https://www.ubereats.com/>
- [19] <https://www.amazon.com/>
- [20] <https://www.bestbuy.com/>
- [21] <https://www.homedepot.com/>
- [22] <https://www.ikea.com/us/en/>
- [23] <https://www.target.com/>
- [24] <https://www.walmart.com/>
- [25] <https://oiss.yale.edu/reopening-fall-2020/covid-19-resources/mental-health-wellness-resources>
- [26] <https://oiss.yale.edu/getting-connected>
- [27] <https://oiss.yale.edu/reopening-fall-2020/covid-19-resources/getting-to-know-yale-virtually>
- [28] <https://oiss.yale.edu/reopening-fall-2020/covid-19-resources/fun-things-to-keep-you-busy>
- [29] <https://weather.com/>