Hello from OISS!

Today’s topic is health care [1].

Health care in the U.S. may differ from the health care delivery system in your home country, so it is important to understand Yale requirements and your U.S. health care coverage.

All new students are required by the State of Connecticut to submit proof of vaccinations in advance of their arrival at Yale University. You should print the vaccination form and the instructions located on the Yale Health website [2] and take both documents to your doctor to have it completed. On June 20th, you can log into yale.medicatconnect.com [3] to upload your vaccination from. All vaccination information must be uploaded by August 1st.

Have questions about vaccinations? Send them through the Medical portal [4].

Finally, you should consider scheduling doctor’s and dentist’s check-ups before you leave so you have one less thing to juggle when you arrive. Note that the Yale Student Health Plan does not cover dental or vision (glasses or contacts) expenses. You may want to bring a small personal supply of any medication/prescriptions you need to cover your first few weeks in the U.S. the Customs and Border Protection provides guidance [5] on bringing prescription medicines into the U.S.

All students receive Yale Health Basic Coverage services free of charge. This includes care in Student Health, Acute Care, and Mental Health & Counseling for students amongst other services.

And unless you waive Hospitalization/Specialty Care coverage you are automatically enrolled in and billed for that coverage as well. If you choose to waive Yale Health Hospitalization/Specialty Care coverage you need to waive the coverage online at https://yhpstudentwaiver.yale.edu/ [6] by September 15th.

You can visit the Yale Health website [7] and review the Student Health Handbook [8] to understand your coverage.

Have questions? Email member.services@yale.edu [9].
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Published on Office of International Students & Scholars (https://oiss.yale.edu)

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Links:
[4] https://yalehealth.yale.edu/more/students
[6] https://yhpstudentwaiver.yale.edu/
[7] https://yalehealth.yale.edu/
[8] https://yalehealth.yale.edu/directory/departments/student-health