Health care in the U.S. may differ from the health care delivery system in your home country, so it is important to understand Yale requirements and your health care options. All full-time students working towards a Yale degree will receive [Yale Health](https://oiss.yale.edu)'s Basic Coverage services free of charge. This includes care in Student Health, Acute Care, and Mental Health & Counseling for students amongst other services.

Please note that non-degree students are generally not eligible for the student rates at Yale Health. Learn more on our website [2] or reach out to Yale Health [3] if you have questions about your eligibility.

Unless you waive Hospitalization/Specialty Care coverage you are automatically enrolled in that coverage as well. If you choose to waive this coverage you need to do so online [4]. Please note, we strongly discourage you from waiving Yale’s Health insurance as it is one of the most affordable plans available to you. Please do your research before choosing to waive the coverage.

Students can enroll their dependents for Yale Health Care by the enrollment deadline. Here is the enrollment form [5], and further details are in the Student Handbook [6].

You can visit Yale Health's website for Graduate & Professional students [7] and review the Student Coverage [8] page to understand your coverage.

Have questions about health care? Email member.services@yale.edu [3].

**Before You Leave Home**

Be sure to have your medications, prescriptions, travel insurance, and new medical insurance lined up before you leave. Also, consider scheduling final doctor and dentist check-ups before you leave home.
Vaccination Requirements

All new students are required by the State of Connecticut to submit proof of vaccinations in advance of their arrival at Yale University as outlined by Yale Health.

Dental & Vision Care

In the U.S. dental and vision insurance are not included in your overall medical insurance, so make sure to purchase additional plans to support all of your needs.
Depending on your Yale affiliation, you will have different options for coverage for health insurance. Make sure you are informed to what is available to you.

View More [12]

Yale Health

Depending on your Yale affiliation, you may qualify for the Yale Health plan. Learn more about the facility, doctors, and care that you can receive.

View More [1]
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