From the CT Department of Motor Vehicle guidance on the International Driver Permit (IDP):

Students and Visitors to Connecticut:
Connecticut permits a student or visitor to operate a motor vehicle in Connecticut for a period of up to one year with their foreign license. If the license is in a language other than English or Spanish, the license must be accompanied by an IDP (International Driver’s Permit) [1] which serves as an English translation of the foreign license. An IDP can only be obtained in the country which issued the actual license. An IDP is not considered a valid license and must accompany the valid foreign license.

Note: Out-of-country licenses are not acceptable as a form of identification.

Source URL: https://oiss.yale.edu/coming-to-yale/before-you-leave-home/driving-in-the-us

Links: