Quarantine Guidelines: Your First 14 Days in the U.S.

In accordance with the CDC and State of CT guidelines, everyone arriving from outside of the United States is
required to quarantine for 14 days. We've compiled a list or resources to help you settle in during this quarantine.

[2]

**OISS Check-In & Orientation Programs**

During the OISS check-in and orientation we will go over your immigration status and responsibilities, and provide you resources for a smooth transition to your life in the U.S. and at Yale.

[View More][3]

**Getting Started with the Visa Process**

Congratulations on your admission to Yale! Learn about the immigration steps you can begin work on today, such as the visa process.

[Getting Started][4]
Before You Leave Home

Explore housing, transportation, health care, finances, and more in preparation for your move.

Before You Leave Home [5]

U.S. Immigration Inspection

When you arrive in the U.S. you will go through an immigration inspection. Learn more about what you'll need to present and do.

[6]
Arriving at Yale - Read COVID-19 Updates

Arrival procedures for visitors to Yale have changed. Please read all updates listed on the Yale OISS COVID-19 page.

[1]

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Source URL: https://oiss.yale.edu/coming-to-yale

Links:
[1] https://oiss.yale.edu/covid-19