Spread Kindness (Rocks)



New Haven , CT

We could all use a little extra kindness in our days, right? Well help us spread the love by painting kindness rocks and leave them across campus for people to find!

Here's what you need:

1. A Rock – any size will work!
2. Sharpies or Paint – or both!
3. A little creative energy!

The goal of a kindness rock is to spread a simple message of kindness to a total stranger. Whether that's simply a word like "hope or dream" or perhaps it's your favorite quote, or just a painted scene – whatever will make people feel joy and kindness when they find it. We've compiled some rocks for inspiration on our Pinterest [1] board to help you get started.

Once you've painted your rock, find the perfect place on campus to leave it for someone to find and make their day! If you'd like to give the community a hint of where to look, take a photo of it and tag OISS on Instagram [2] so we can help spread the word. Now get creating and help spread some love around New Haven.

Let the kindness hunt begin!

Register Here [3]
Visibility: 0.00
On Demand?: On Demand
Sort Date: Monday, August 16, 2021
End date: Monday, August 16, 2021
Audience: Students
Scholars
Families
Departments

Source URL:https://oiss.yale.edu/calendar/events/spread-kindness-rocks

Links
[1] https://pin.it/52B9U3e [2] https://www.instagram.com/yaleoiss/ [3] https://yaleconnect.yale.edu/OISS/rsvp?id=1067518